



DAILY CLASSES

Dec 2 - Dec 5 (424) 407-4023

Wallis Annenberg
GenSpace

- Horticultural Therapy
- Financial Security + Safety
- Technology + Devices
- Arts, Crafts, + Culture
- Social Connection + Storytelling
- Fitness/Wellness on Page 2

Monday

Tuesday

Wednesday

Thursday

10:00am

GreenSpace
10:30am - 11:30am
HT Space

Mixed Media
10:30am - 12:00pm
Art Room

Drum It with MMM
10:30am - 11:30am
Art Room

Knitting 101
10:15am - 11:45am
HT Space

GeroTech
10:00am - 11:00am
Tech Bar

11:00am

Green Space
11:45am - 12:45pm
HT Space

Gero Tech
12:30 - 1:30pm
Tech Bar **NEW**

Art Club
12:00pm - 1:00pm
Art Room

Sustainability Series: Love Our Earth
11:45am - 1:00pm
Art Room **NEW**

Tech Help
11:00am - 12:00pm
Tech Bar

Crochet 101
12:15pm - 1:45pm
HT Space

GenSpace Conversations
12:00pm - 1:00pm
Art Room

12:00pm

Wellness with OT
1:15pm - 2:15pm
Art Room **NEW**

Pool Party!
1:00pm - 3:00pm
MPR

Chess!
1:30pm - 3:00pm
Tech Bar

Intro to Comedy
2:00pm - 3:00pm
Art Room

Art Studio (Drawing)
1:15pm - 2:30pm
Art Room

1:00pm

2:00pm

Sing-Along
2:30pm - 3:30pm
Art Room

Creating with Clay
3:00pm - 4:00pm
Art Room

Art Studio (Painting)
2:30pm - 4:00pm
Art Room

3:00pm

4:00pm





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GenSpace

Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am	Relaxing Meditation 10:30am - 11:30am Fitness Room	Dance Aerobics 10:15am - 11:15am Fitness Room	Dance It Out! 10:15am - 11:15am Fitness Room	 <p>GENSPACE WILL BE CLOSED ON DECEMBER 5</p>
11:00am				
12:00pm	Restorative Stretching 11:45am - 12:45pm Fitness Room	Dance Aerobics 11:30am - 12:30pm Fitness Room	Strength + Tone 11:30am - 12:30pm Fitness Room	
1:00pm	Movement Fusion 12:50pm - 1:35pm Fitness Room	Barre Sculpt 12:45pm - 1:45pm Fitness Room	Long Gentle Movement 12:45pm - 1:45pm Fitness Room	
2:00pm	Harmony in Motion 1:45pm - 2:45pm Fitness Room	Seated Strength and Mobility 1:50pm - 2:50pm Fitness Room	Tai Chi 1:50pm - 2:50pm Fitness Room	
3:00pm	Latin Dance 3:00pm - 4:00pm Fitness Room	Belly Dancing 3:00pm - 4:00pm Fitness Room	Zumba 3:00pm - 4:00pm Fitness Room 	
4:00pm				