

Wallis Annenberg
GenSpace

- Horticultural Therapy
- Technology + Devices
- Social Connection + Storytelling
- Financial Security + Safety
- Arts, Crafts, + Culture
- Fitness/Wellness on Page 2

Monday

Tuesday

Wednesday

Thursday

10:00am

11:00am

12:00pm

1:00pm

2:00pm

3:00pm

4:00pm

GreenSpace
10:30am - 11:30am
HT Space

Mixed Media
10:30am - 12:00pm
Art Room

GreenSpace
11:45am - 12:45pm
HT Space

Art Club
12:00pm - 1:00pm
Art Room

Virtual Trip to Mexico City
1:30pm - 2:30pm
Art Room



Painter's Palette
2:45pm - 4:00pm
Art Room

Pool Party!
3:00pm - 4:00pm
MPR



Knitting 101
10:15am - 11:45am
HT Space

Virtual Trip to Buenos Aires
11:00am - 12:00pm
Art Room



1:1 Tech Assistance
11:30am - 1:00pm
Tech Bar

Art Studio (Drawing)
1:15pm - 2:30pm
Art Room

Art Studio (Painting)
2:30pm - 4:00pm
Art Room

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Health, Fitness, + Wellness Schedule

	Monday	Tuesday	Wednesday	Thursday
10:00am	Relaxing Meditation 10:30am - 11:30am Fitness Room	<p>GENSPACE WILL BE CLOSED ON DECEMBER 24 & 25</p>		
11:00am				
12:00pm	Restorative Stretching 11:45am - 12:45pm Fitness Room			Tranquil Chairs 11:40am - 12:40pm Fitness Room
1:00pm	Movement Fusion 12:50pm - 1:35pm Fitness Room			Resistance Band Training 12:45pm - 1:45pm Fitness Room
2:00pm	Harmony in Motion 1:45pm - 2:45pm Fitness Room			Latin Dance 1:50pm - 2:45pm Fitness Room
3:00pm	Latin Dance 3:00pm - 4:00pm Fitness Room			Upper Body Burn 3:00pm - 4:00pm Fitness Room
4:00pm				